

## Near Eye Chart Instructions

This chart can be used as a screening tool to check clarity of your near vision from home.

**This does not replace an eye exam with an Ophthalmologist and it can not detect serious eye problems.**

1. Check the resolution of your page is set at 100%. To check or change the resolution on the top of your screen you will see the zoom % change to 100%.
2. Measure 40 cms from your computer screen. This is where you will need to stand to do the test.
3. If you usually wear glasses or contact lenses for reading please put them on.
4. Then cover one eye with the palm of your hand, to completely block the vision of the covered eye. (Do not apply pressure to the covered eye, as it might affect that eye's vision when you test it.)
5. Identify a line on the chart you can comfortably read. Read the letters on that line aloud.
6. Continue trying to read the letters on each successively smaller line.
7. Record the line number you read up to.
8. Switch to the other eye and repeat.

01 — **A C D F B G**

02 — **D C A G B F**

03 — **B C G F A D**

04 — **F C D A G B**

05 — **G F C D B A**

